

Aquatic Schedule

NOVEMBER 2024 HOURS

MONDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	THURSDAY	Lane 1 Lane 2 Lan
5:50-8:20 AM	Lap Lan	e Swim	5:50-8:20 AM	Lap
8:30-9:30 AM	Aquacise & De	eep End Swim	8:30-9:30 AM	Aquacise
9:30-10:00 AM	Lap Lane Swim	Rec Swim	9:30-10:00 AM	Lap Lane Swim
10:00-11:00 AM	01.0	CED	10:00-11:00 AM	
11:00-12:00 PM	CLO	SED	11:00-12:00 PM	
12:00-1:00 PM	Lap Lane Swim	Rec Swim	12:00-1:00 PM	Lap Lane Swim
1:00-4:00 PM	Lap Lane Swim	Rec Swim	1:00-4:00 PM	Lap Lane Swim
4:00-5:00 PM	Swim	Team	4:00-5:00 PM	S
5:00-6:00 PM	Swim Team	Lap Swim	5:00-6:00 PM	Swim Tear
6:00-6:45 PM	Lap Lane Swim	Aqua Fit	6:00-6:45 PM	Lap Lane Swim
6:45-8:00 PM	Lap Lane Swim	Rec Swim	6:45-8:00 PM	Lap Lane Swim
TUESDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	FRIDAY	Lane 1 Lane 2 Lan
5:50-8:20 AM	Lap Lan	e Swim	5:50-8:20 AM	Lap
8:30-9:30 AM	Aquacise & De	eep End Swim	8:30-9:30 AM	Aquacise
9:30-10:00 AM	Lap Lane Swim	Rec Swim	9:30-10:00 AM	Lap Lane Swim
10:00-11:00 AM	CLO	SED	10:00-11:00 AM	
11:00-12:00 PM	CLO	SED	11:00-12:00 PM	
12:00-1:00 PM	Lap Lane Swim	Rec Swim	12:00-1:00 PM	Lap Lane Swim
1:00-4:00 PM	Lap Lane Swim	Rec Swim	1:00-4:00 PM	Lap Lane Swim
4:00-5:00 PM	Swim	Swim Team		S
5:00-6:00 PM	Swim Team	Programming	5:00-6:00 PM	Swim Tear
6:00-8:00 PM	Lap Lane Swim	Rec Swim	6:00-8:00 PM	Lap Lane Swim
WEDNESDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	SATURDAY	Lane 1 Lane 2 Lan
5:50-8:20 AM	Lap Lane Swim			
8:30-9:30 AM	Aquacise & Deep End Swim		8:00 AM-4:00 PM	Lap Lane Swim
9:30-10:00 AM	Lap Lane Swim	Rec Swim	0.00 AW-4.00 FW	Lap Lane Swilli
10:00-11:00 AM	CLO	SED		
11:00-12:00 PM	CLO	SLD		
12:00-1:00 PM	Lap Lane Swim	Rec Swim	SUNDAY	Lane 1 Lane 2 Lan
1:00-4:00 PM	Lap Lane Swim	Rec Swim		
4:00-5:00 PM	Swim Team	Programming	1:15 PM-4:15 PM	Lap Lane Swim
5:00-6:00 PM	Swim Team	Lap Swim	1.13 WI-4.13 WI	Lap Lane Swill
6:00-8:00 PM	Lap Lane Swim	Rec Swim		

THURSDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6		
5:50-8:20 AM	Lap Lar	ne Swim		
8:30-9:30 AM	Aquacise & Deep End Swim			
9:30-10:00 AM	Lap Lane Swim	Rec Swim		
10:00-11:00 AM	CLO	LOSED		
11:00-12:00 PM	010010			
12:00-1:00 PM	Lap Lane Swim Rec Swim			
1:00-4:00 PM	Lap Lane Swim Rec Swim			
4:00-5:00 PM	Swim Team			
5:00-6:00 PM	Swim Team	Programming		
6:00-6:45 PM	Lap Lane Swim	Aqua Fit		
6:45-8:00 PM	Lap Lane Swim	Rec Swim		
FRIDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6		
5:50-8:20 AM	Lap Lane Swim			
8:30-9:30 AM	Aquacise & Deep End Swim			
9:30-10:00 AM	Lap Lane Swim	Rec Swim		
10:00-11:00 AM	CLOSED			
11:00-12:00 PM	CLOSED -			
12:00-1:00 PM	Lap Lane Swim	Rec Swim		
1:00-4:00 PM	Lap Lane Swim	Rec Swim		
4:00-5:00 PM	Swim Team			
5:00-6:00 PM	Swim Team	Lap Swim		
6:00-8:00 PM	Lap Lane Swim	Rec Swim		
SATURDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6		
8:00 AM-4:00 PM	Lap Lane Swim	Rec Swim		
SUNDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6		

Youth Group Swim Lessons: Tuesday & Thursdays: 5:05pm-5:35pm; 5:40pm-6:10pm High School/Middle School Swim Team Meets: Nov. 18, Dec. 2, Dec. 16

SCHEDULED SWIM MEETS: (Pool Closes at 4:00 PM)

Programming/Closed (Lanes/pool are closed) Recreational Swim Lap Lane Swim ONLY Summer Camp Kids and Recreational Swim Deep End Swimming only Swim Team Practice (Lanes/pool are closed)

AQUATICS AGE GUIDELINES

Rec Swim

Children 0-5 years old must have a parent/guardian in the water.

Children 6-10 years old must have a parent/guardian in the pool area. **NO Lifejackets (any age) in the Deep End**

Children 11-12 years old who pass the swim test may use the pool if a parent/guardian is physically at the YMCA.