

## **Aquatic Schedule**

## **OCTOBER 2024 HOURS**

MONDAY	Lane 1 Lane 2 Lane 3	THURSDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	
5:50-7:50 AM	Lap Lane Swim  8AM & 9AM Aquacise & Deep End Swim		5:50-8:20 AM 8:30-9:30 AM	Lap Lane Swim  Aquacise & Deep End Swim	
8:00-9:45 AM					
9:30-10:00 AM	Lap Lane Swim	Rec Swim	9:30-10:00 AM	Lap Lane Swim	Rec Swim
10:00-11:00 AM	CLOSED		10:00-11:00 AM	CLOSED	
11:00-12:00 PM	CLO	SED	11:00-12:00 PM	OLC	J3ED
12:00-1:00 PM	Lap Lane Swim	Rec Swim	12:00-1:00 PM	Lap Lane Swim	Rec Swim
1:00-4:00 PM	Lap Lane Swim	Rec Swim	1:00-4:00 PM	Lap Lane Swim	Rec Swim
4:00-5:00 PM	Swim Team		4:00-5:00 PM	Swim Team	
5:00-6:00 PM	Swim Team	Lap Swim	5:00-6:00 PM	Swim Team	Programming
6:00-8:00 PM	Lap Lane Swim	Rec Swim	6:00-8:00 PM	Lap Lane Swim	Rec Swim
TUESDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	FRIDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6
5:50-8:20 AM	Lap Lar	ne Swim	5:50-8:20 AM	Lap Lane Swim	
8:30-9:30 AM	Aquacise & D	eep End Swim	8:30-9:30 AM	Aquacise & Deep End Swim	
9:30-10:00 AM	Lap Lane Swim	Rec Swim	9:30-10:00 AM	Lap Lane Swim	Rec Swim
10:00-11:00 AM	CLOSED		10:00-11:00 AM	CLOSED	
11:00-12:00 PM			11:00-12:00 PM		
12:00-1:00 PM	Lap Lane Swim	Rec Swim	12:00-1:00 PM	Lap Lane Swim	Rec Swim
1:00-4:00 PM	Lap Lane Swim	Rec Swim	1:00-4:00 PM	Lap Lane Swim	Rec Swim
4:00-5:00 PM	Swim Team		4:00-5:00 PM	Swim Team	
5:00-6:00 PM	Swim Team	Programming	5:00-6:00 PM	Swim Team	Lap Swim
6:00-8:00 PM	Lap Lane Swim	Rec Swim	6:00-8:00 PM	Lap Lane Swim	Rec Swim
WEDNESDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	SATURDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6
5:50-8:20 AM	Lap Lane Swim		8:00 AM-4:00 PM	Lan Lana Swim	Poo Swim
8:30-9:30 AM	Aquacise & Deep End Swim				
9:30-10:00 AM	Lap Lane Swim	Rec Swim	8:00 AW-4:00 PW	Lap Lane Swim	Rec Swim
10:00-11:00 AM	CLOSED				
11:00-12:00 PM	CLO				
12:00-1:00 PM	Lap Lane Swim	Rec Swim	SUNDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6
1:00-4:00 PM	Lap Lane Swim	Rec Swim			
4:00-5:00 PM	Swim Team	Programming	1:15 PM-4:15 PM	Lan Lana Swim	Pag Suim
5:00-6:00 PM	Swim Team Lap Swim		- 1.15 PW-4:15 PW	Lap Lane Swim	Rec Swim
6:00-8:00 PM	Lap Lane Swim	Rec Swim			

Youth Group Swim Lessons: Tuesday & Thursdays: 5:05pm-5:35pm; 5:40pm-6:10pm High School/Middle School Swim Team Meets: Oct. 21, Nov. 18, Dec. 2, Dec. 16

## \*\*SCHEDULED SWIM MEETS: (Pool Closes at 4:00 PM)\*\*

Programming/Closed (Lanes/pool are closed)
Recreational Swim
Lap Lane Swim ONLY
Summer Camp Kids and Recreational Swim
Deep End Swimming only
Swim Team Practice (Lanes/pool are closed)

## **AQUATICS AGE GUIDELINES**

Children 0-5 years old must have a parent/guardian in the water.

Children 6-10 years old must have a parent/guardian in the pool area.

\*\*NO Lifejackets (any age) in the Deep End\*\*

Children 11-12 years old who pass the swim test may use the pool if a parent/guardian is physically at the YMCA.